

Montag	Dienstag	Mittwoch	Donnerstag	Freitag
	8:00 - 9:00	8:00 - 9:00		8:00 - 9:00
9:00 - 10:15		9:15 - 10:15	9:15 - 10:15	9:15 - 10:15
10:30 - 11:30		10:30 - 11:30	10:30 - 11:30	10:30 - 11:30
				11:45 - 12:45

CANTIENICA® – im neuen Raum

	17:15 - 18:00			
18:00 - 19:00	18:30 - 19:30	18:30 - 19:30	18:15 - 19:30	
	19:45 - 20:45	19:45 - 20:45	19:45 - 20:45	

CANTIENICA fortlaufend

CANTIENICA Qi Gong

CANTIENICA Kids&Teens

CANTIENICA Yoga